



WNCAP NOW

Western North Carolina AIDS Project

Spring 2008


Dining Out for Life 2008

April 24th

Emmy Award winner, Ted Allen, International Spokesperson

WNCAP will again sponsor “Dining Out for Life” on April 24, 2008. Over 100 restaurants will take part in this year’s event which has become a major fundraiser for WNCAP. Each participating restaurant donates 20% of their income on April 24th to WNCAP. Our restaurant base has expanded to Haywood, Henderson, and Transylvania Counties, with each restaurant having an “ambassador” who thanks diners for dining out, and will offer them the opportunity to win a \$2,000 shopping spree at the Grove Arcade in Asheville.

Ted Allen, who many recognize as one of the judges on Bravo’s “Top Chef” and the Food Network’s “Iron Chef America” as well as host of the PBS series “Uncorked: Wine Made Simple”, was also the food and wine specialist on the groundbreaking Bravo series “Queer Eye for the Straight Eye”, has been selected as the International Spokesperson for the “Dining Out for Life” benefits held in 46 cities across the country and in Canada.

“Dining Out for Life” supports WNCAP’s mission to provide HIV/AIDS Prevention and awareness in Western North Carolina as well as to assist those affected by HIV/AIDS with case management and support. All monies raised at the “Dining Out for Life” event, stay here in Western North Carolina. Many of our participating restaurants have breakfast and lunch options as well as dinner. Please check our web site, wncap.org for a list of participating restaurants, and gather a group of family or friends to visit one or more of the participating restaurants on Thursday, April 24th. You can have a great meal while supporting WNCAP. Thanks! 

WNCAP ON THE MOVE

WNCAP has sold its current office building and will be moving into new and expanded offices. Unfortunately, our new offices will not be ready at the same time that we need to vacate 30 Orchard Street. We will be housed at a temporary location on Merrimon Avenue, for the months of May, June and July, moving into our new quarters in August. Our telephone number and e-mail will all remain the same, so let us know if you have questions. All clients will be kept apprised of our location on a regular basis.

E-newsletter – if you would like to receive our newsletter via e-mail, please sign up, using the secure online registration button located at the bottom of our web page, www.wncap.org. Your privacy and information will be protected, and you can unsubscribe at anytime.


Are you taking care of your house?

“There is an Indian Belief that everyone is in a house of four rooms: A physical, a mental, an emotional and a spiritual. Most of us tend to live in one room most of the time, but unless we go into every room everyday, even if only to keep it aired, we are not complete.”

-- Rumer Godden

I have been blessed to be able to work with those living with HIV/AIDS over the past few years. Of all the things that I could say about being a case manager at the Western North Carolina AIDS Project, I want to say that I have learned so much from my clients. By helping others I help myself and it brings clarity into my life on a daily basis. Clients may feel as though they come here only to ask for help but I would like them to know that in turn they help us by allowing us into a very personal part of their lives. For many it is the first time they may have opened up to anyone about living with HIV among many other issues that they share with us. This space between case worker and client has to be a place of openness and trust.

During the process of working with our clients I try to address the whole person and not just the issue at hand whether it be a financial assistance request or some guidance or emotional support that they are seeking. If I only listen to part of the problem then I am not able to work out a Care Plan that will in the end address the client needs and not just focus on the problems. While working with clients I see more than just the AIDS Room. I see the man, woman, parent, sister, brother or lover. I see me reflected in their presence.

I believe that our clients are much more than just a check request or a number on a caseload. Before us is sitting another human being who needs us as much as we need them to learn and grow as a person. By working at the Western North Carolina AIDS Project we are able to assist them in finding the support they need or we work with other agencies in the community to coordinate services. We walk through these rooms together in life. I hope you find time to spend in your rooms today. 

Debbie Pustorino

Opportunities to Support WNCAP – Planned Giving

David Greiner, Financial Consultant and WNCAP Board member.

While many of us support WNCAP through outright giving such as writing a check or supporting important fund raising efforts like “Raise Your Hand” and “Dining Out for Live”, did you know that there are a number of other tax advantaged ways to give to WNCAP? These options may improve your financial and tax situations, often right away, and give you the personal satisfaction of supporting WNCAP. While many Planned Giving options exist, we will focus here on three, naming WNCAP in your Will or Trust documents, Donating Appreciated Securities and the IRA Charitable Rollover.

Naming WNCAP in your Will or Trust documents is an excellent way to support WNCAP for many years to come and to communicate to heirs the values and ideals you hold dear. This is done by having your attorney insert a provision in your Will or Trust, such as “I give ___% of my estate or the sum of \$___ to the Western North Carolina AIDS Project.” The money can be given for general support or earmarked for a specific purpose, such as client needs, prevention programs, etc.

For some individuals and families, appreciated securities (stocks, bonds, mutual funds, etc.) represent a significant portion of their net worth. Donating such assets to WNCAP may entitle you to an immediate tax deduction, avoid paying capital gains on their sale and remove them from your estate.

For tax years 2006 and 2007, individuals aged 70 and ½ and over, may make qualified charitable distributions of up to \$100,000 per year directly from their traditional or rollover IRAs. To qualify the distribution must be made from the IRA trustee directly to WNCAP. The dollar amount of the donation is excluded from your gross income, so no deduction is necessary. Furthermore, the charitable distribution can satisfy your required minimum requirement (RMD), which most IRA owners over age 70 must take.

Remember to consult your legal, tax and investment advisors before implementing any of these options. You may contact Ron Curran at 828 252-7489 for additional information. The clients and staff at WNCAP will be extremely grateful for your inclusion of WNCAP in you financial planning.

WNCAP

http://wncap.org

ASHEVILLE MAILING ADDRESS:

P.O. Box 2411
Asheville, NC 28802-2411

Location:

30 Orchard Street
Asheville, NC 28801

PHONES/E-MAIL:

Phone: (828) 252-7489
(800) 346-3731

Fax: (828) 253-8602

E-mail: wncap@main.nc.us

Web: wncap.org

Hendersonville:

210 Ehringhaus St., Building F
Hendersonville, NC 28739
(828) 696-2267

Toll-Free: (866) 696-2267

Fax: (828) 698-5916

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Case Manager 319

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Chris Winebrenner, Volunteer Coordinator 315

Director's Corner

Why Move?

The question is a good one, WNCAP has been at its current location since 1994, and the convenience and space has served us well. However, we have added three staff, our Hep-C Prevention staff and a Development Director, all supported by grants, who have no offices to operate out of, and share space with others or work from home. We have plans to add additional services for our clients, such as in-house Substance Abuse Counseling, and cannot offer any new services without additional space.

Our parking situation became critical with the sale of the Credit Union across the street. The new Owners have restricted parking in their parking lot, thus clients, staff and guests must depend on finding a parking spot on the street to access our offices. Our one meeting space at the current location also serves as a client lounge, but if there is a need to use the space for a meeting, clients must wait for appointments in the lobby and they do not have access to the library and other materials in the lounge.

Our new offices will provide ample on-site parking, separate client lounge and meeting room, first floor client laundry, and the opportunity to expand services to clients and the community. We also will have the space for an outside patio for clients and staff to enjoy. The new offices are on the Asheville City Bus line, with a stop just across the street. While we will be inconvenienced for a few months, moving to a temporary location while our new offices are renovated, in the long run, WNCAP clients, staff and our community will be better served in our new office space.

We thank those who have helped us make this important and significant move, and trust those who are able to continue to help in the months ahead will continue to do so.

Dr. Ron Curran, Executive Director

May Lunch and Learn for WNCAP/WNCCHS Clients

Are you on disability and would like to make more money? Learn how to earn while maintaining your benefits at a special meeting for WNCAP and WNCCHS clients on Thursday, May 15th from 11am till 1pm at the new WNCCHS Community Center. Anne White from Life Plan Trust will make an informative presentation and answer questions regarding SSDI, going back to work, and making informed choices. Lunch will be provided and registration is required. Contact Chris at 252-7489 extension 315.

Protect Yourself While Traveling The World



- * Travel Counseling
- * Pre-Travel
- * Post-Travel

*Who Should Use
Travel Health of WNC Services?*
⇒ International Travelers
⇒ Missionaries
⇒ Students Studying Abroad
⇒ Cruise Travelers

Travel Health of WNC

258-9635

- American Board of Infectious Diseases
- Clinical Consultant in Tropical Medicine
- American Society of Tropical Medicine and Hygiene

53 S French Broad Ave Suite 200
Asheville

Save the Date!

The annual WNCAP Client/Staff Picnic will take place on Saturday, August 16th from 10am till 2pm at Weaver Park. Mark your calendar to join us for good food and fellowship. Local steel drum musician Jon Scales, www.jonscales.com, has volunteered to perform at the picnic, a great time will be had by all.

Raise Your Hand -2008

The annual Raise Your Hand dinner and auction will be held on November 15, 2008 at the Grove Park Inn and Spa. Mark your calendars now for a fun filled event with many new and unusual items for sale...See you at Raise Your Hand !

Kanuga 2008

This year's Kanuga retreat for people living with HIV/AIDS will take place June 6-8. Volunteer Services is coordinating transportation for individuals who do not have their own vehicles, contact Chris at 252-7489.

As a friend of WNCAP, you can now make a secure online donation anytime by visiting our newly remodeled website www.wncap.org and clicking on the "Just Give" icon. Your donation is tax deductible. Thanks.

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Western North Carolina AIDS Project
PO Box 2411
Asheville, NC 28802-2411



United Way
of Asheville and Buncombe County